

E Parr

Parr, Todd. **It's Okay to be Different.**

Featuring the author's trademark bold colors and silly scenes, this book embraces differences and delivers an important message of acceptance, understanding and confidence in a child-friendly package. audiobook (Appreciating Differences)

E Reul

Reul, Sarah Lynne. **Allie All Along.**

Allie's in a rage, throwing a tantrum, and having a fit. Is there a sweet little girl hiding somewhere under all the angry layers? Illustrations capture the powerful feelings that young children can't always express in words. (Self-Management)

E Reynolds

Reynolds, Peter H. **The Dot.**

Vashti believes she cannot draw, but her art teacher's encouragement leads her to change her mind. ebook, audiobook (Building Confidence)

E Shannon

Shannon, David. **David Gets In Trouble.**

David can't seem to stay out of trouble, and is full of excuses, until bedtime when he realizes he is really sorry. ebook (Reflecting on Choices)

E Snicket

Snicket, Lemony. **The Bad Mood and the Stick.**

Curly's bad mood travels from person to person, unexpectedly leaving opportunities for forgiveness, laughter and love. Offers a playful way to talk about feelings we've all experienced. (Understanding Emotions)

E Vere

Vere, Ed. **How to Be a Lion.**

When Leonard the lion and his friend Marianne the duck, are confronted by a pack of lion bullies, they find a creative way to stand up for themselves. (Resolving Conflicts)

E Woodson

Woodson, Jacqueline. **Each Kindness.**

When Ms. Albert teaches a lesson on kindness, Chloe realizes that she and her friends have been wrong in making fun of a new student Maya's shabby clothes and refusing to play with her. audiobook (Kindness, Responsible Decision-Making)

E Woodson

Woodson, Jacqueline. **The Day You Begin.**

A story that reminds us that we all feel like outsiders sometimes – and how brave it is that we go forth anyway. ebook, audiobook (Building Confidence)

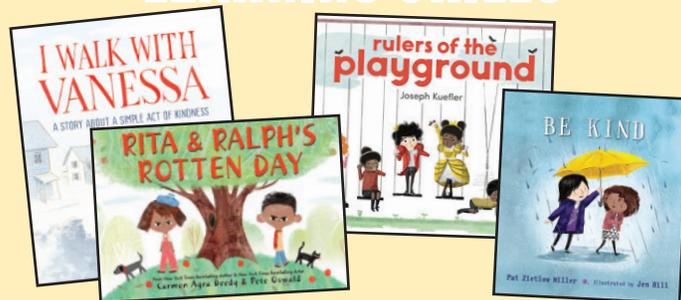


Compiled by Donna Tokumaru
Edna Allyn Room for Children
Hawaii State Library
Hawaii State Public Library System
April 2021



HAWAII STATE PUBLIC LIBRARY SYSTEM

PICTURE BOOKS THAT TEACH SOCIAL EMOTIONAL LEARNING SKILLS



These books will encourage empathy, kindness, and self-confidence, and will help children think deeply about their feelings and the world around them.

E Bang

Bang, Molly. **When Sophie Gets Angry – Really, Really Angry –**

A young girl is upset and doesn't know how to manage her anger but takes the time to cool off and regain her composure. audiobook (Understanding Emotions)

E Barnes

Barnes, Derrick. **I am Every Good Thing.**

Illustrations and easy-to-read text pay homage to the strength, character, and worth of a child. (Self Esteem)

E Beer (Board Book)

Beer, Sophie. **Kindness Makes us Strong.**

Children are shown extending kindness on the playground, at lunchtime, on a bike path, and on a neighborhood street. (Kindness)

E Boelts

Boelts, Maribeth. **Those Shoes.**

Jeremy wants a pair of those shoes, the ones everyone at school seems to be wearing. But his grandma says he needs new boots for winter. Soon Jeremy realizes that the things he has are worth more than the things he wants. (Responsible Decision-Making)

E Bright

Bright, Rachel. **Love Monster and the Last Chocolate.**

When Love Monster receives a box of chocolates as a gift, he has second thoughts about sharing them with all of his friends. (Reflecting on Choices)

E Cornwall

Cornwall, Gaia. **Jabari Jumps.**

This sweet tale about overcoming your fears captures a moment between a patient, encouraging father and a determined little boy as he contemplates jumping off a diving board. ebook (Building Confidence)

- E Cotler
Cotler, Joanna. **Sorry (really sorry).**
After cow's bad mood spreads to the whole farm, Dog starts a new chain reaction by showing kindness. (Reflecting on Choices, Kindness)
- E Cotterill
Cotterill, Samantha. **Can I Play Too?** (Little Senses series)
A young boy building a train track with his friend is headed for trouble until a teacher steps in and helps him learn social cues of anger and happiness. (Understanding Emotions)
- E Deedy
Deedy, Carmen Agra. **Rita and Ralph's Rotten Day.**
Rita and Ralph are best friends, until a silly accident while goofing around ends up with both of them angry and unhappy. Can they find a way to become friends again? (Resolving Conflicts)
- E Dewdney
Dewdney, Anna. **Llama Llama Mad at Mama.**
A young llama wants to play but must go shopping with his mother instead, and so he gets angry and makes a mess at the store. ebook (Understanding Emotions)
- E Doerrfeld
Doerrfeld, Cori. **The Rabbit Listened.**
When Taylor's block castle is destroyed, all the animals think they know what to do, but only the rabbit quietly listens to how Taylor is feeling. (Understanding Emotions)
- E Gray
Gray Smith, Monique. **When we are Kind.**
This book looks at how the simple act of being kind, to others and oneself, affects all aspects of a child's life. (Kindness)
- E Hale
Hale, Bruce. **Clark the Shark.**
Clark finds everything in school fun and exciting, but his enthusiasm causes problems until he begins inventing rhymes to remind himself to stay cool at school. (Self-Management)
- E Haughton
Haughton, Chris. **Don't Worry, Little Crab.**
Little Crab joins Big Crab for a dip in the ocean, but when Little Crab sees how big the waves are, he has second thoughts. A gentle story about mustering the courage to try something new. (Building Confidence)
- E Henkes
Henkes, Kevin. **Lilly's Purple Plastic Purse.**
Lilly can't wait until sharing time to show her classmates her new purse, and then she does something for which she is very sorry for later. audiobook (Reflecting on Choices)
- E (Easy Reader) Henkes
Henkes, Kevin. **Penny and Her Marble.**
Penny feels guilty after taking a beautiful blue marble that she sees on Mrs. Goodwin's grass, but gets a pleasant surprise when she goes to return it the next day. audiobook (Responsible Decision-Making)
- E Kerascoët
Kerascoët. **I Walk With Vanessa: A Story about a Simple Act of Kindness.**
An elementary school girl inspires others to stand up to bullying. (Empathy, Kindness)
- E Keller
Keller, Laurie. **Do Unto Otters: A Book About Manners.**
Mr. Rabbit wonders if he will be able to get along with his new neighbors, who are otters, until he is reminded of the golden rule. (Responsible Decision-Making)
- E Kostecki
Kostecki-Shaw, Jenny Sue. **Same, Same, But Different.**
An American boy and an Indian boy become pen pals and celebrate their similar worlds, even if the specifics are different. (Appreciating Differences)
- E Kuefler
Kuefler, Joseph. **Rulers of the Playground.**
This playground tale about camaraderie and social etiquette will speak to bossy and not so bossy kids. (Resolving Conflicts)
- E Ledyard
Ledyard, Stephanie Parsley. **Pie is for Sharing.**
A lakeside picnic provides the backdrop for exploring the concept of sharing with family, friends, and community. (Social Awareness)
- E Ludwig
Ludwig, Trudy. **The Invisible Boy.**
This gentle story shows how small acts of kindness can help children feel included and allow them to flourish. ebook (Empathy, Kindness)
- E McAnulty
McAnulty, Stacy. **A Small Kindness.**
Small, thoughtful acts ripple through a classroom until everyone's day is brightened. (Kindness, Being a Good Friend)
- E Miller
Miller, Pat Zietlow. **Be Kind.**
A child contemplates the nature of kindness and how it can spread in this lovely exploration of empathy and thoughtfulness. (Kindness)
- E Nelson
Nelson, Kadir. **If You Plant a Seed.**
Using a garden metaphor with a group of animals, the narrator shows the destructive power of selfishness and compares it to the sweet fruits that grow from kindness. (Kindness, Reflecting on Choices)
- E Palacio
Palacio, R. J. **We're All Wonders.**
A picture book featuring Auggie from the novel "Wonder," helps bring the message of "choose kind" to a young audience. ebook, audiobook (Kindness, Appreciating Differences)