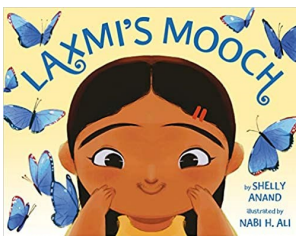
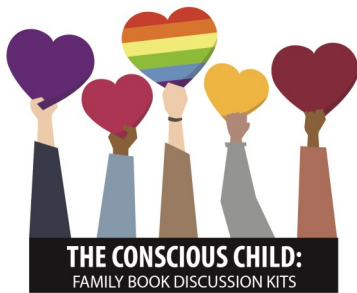


JOY & SELF-LOVE

◦ Suggested for ages 4-7 ◦

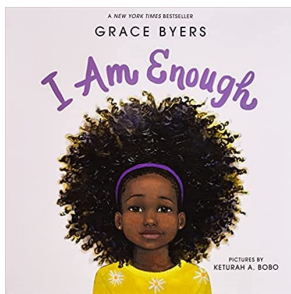


E Anand

Anand, Shelly. [Laxmi's Mooch.](#)

After Laxmi's friend Zoe points out the hairs on her lip, Laxmi is very self-conscious until her

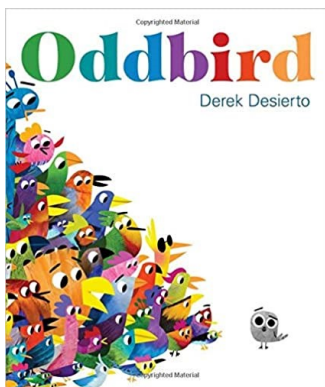
East Indian parents help her to accept and celebrate her appearance.



E Byers

Byers, Grace. [I Am Enough.](#)

Shares a story of loving who you are, respecting others, and being kind to one another.

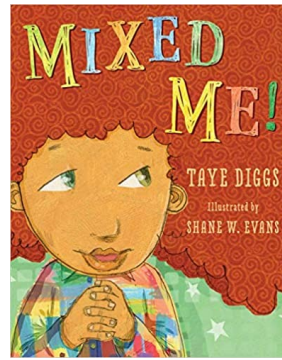


E Desierto

Desierto, Derek. [Oddbird.](#)

The story of one small bird learning to love himself. Oddbird is a gray bird living in the jungle full of colorful birds. As the other birds relax by the pool, avoiding getting wet, Oddbird jumps right in. The other birds decide

that because of his plain feathers, he does not belong, and shoo him away.



E Diggs

Diggs, Taya. [Mixed Me!](#)

Told in rhyming text, Mike is a mixed-race boy, completely comfortable with his identity and his parents—and his wild, curly hair.



E James

James, Nancy Johnson. [Brown.](#)

In this loving ode to the color brown, a boy describes the many hues of his family.

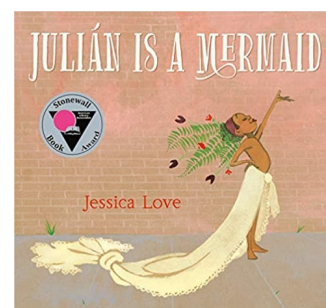


E King

King-Chai, Sharon. [Lucy Ladybug.](#)

When the other ladybugs make fun of spot-less Lucy, she decides to find spots of her own. Eventually, with the help of some new friends,

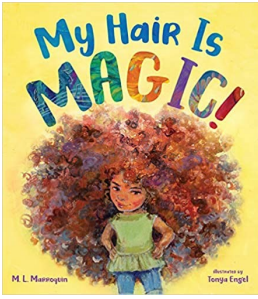
Lucy realizes the beauty of being different.



E Love

Love, Jessica. [Julian is a Mermaid.](#)

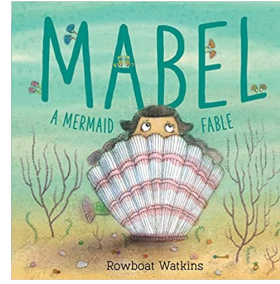
While riding the subway with his *abuela*, Julian notices three women spectacularly dressed up. All he can think about is dressing up in his own fabulous mermaid costume with a butter-yellow curtain for his tail. [E-Book.](#)



E Marroquin

Marroquin, M. L. [My Hair is Magic!](#)

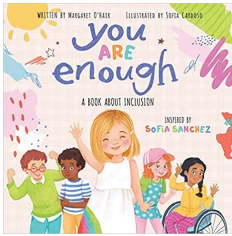
Celebrate along with this little girl as she proudly proclaims the wonder of her incredible natural hair. People may ask, "Why is your hair so BIG?" But this girl knows it's because her hair is larger than life and can be so many wonderful things.



E Watkins

Watkins, Rowboat. [Mabel: A Mermaid Fable.](#)

Mabel isn't like the other mermaids. Lucky isn't like the other octopuses. But when they find each other, they discover that true friendship isn't about how you look, and that sometimes what we are searching for is right under our noses.



E O'Hair

O'Hair, Margaret. [You Are Enough: A Book About Inclusion.](#)

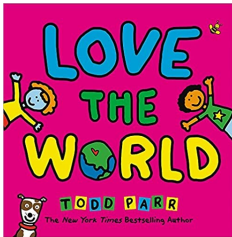
This inclusive and empowering picture book from Sofia Sanchez, an 11-year-old model and actress with Down syndrome, reminds readers how important it is to embrace your differences, be confident, and be proud of who you are.



E Yaccarino

Yaccarino, Dan. [Giant Tess.](#)

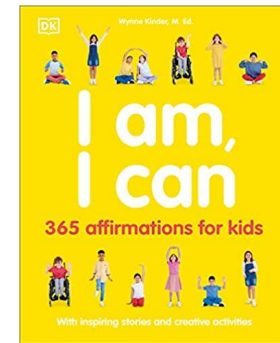
Being the only giant around, Tess wants more than anything to be like everyone else, but when she and Smokey, her dragon best friend, use their height to help save the big parade, Tess suddenly realizes that she is just the right size.



E Parr

Parr, Todd. [Love the World.](#)

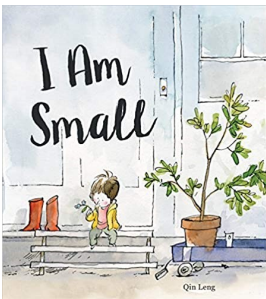
Whether looking at one's own nose and toes, helping others, or exploring the world, there is always something to love.



J 158.12808 Kinder

Kinder, Wynne. [I Am, I Can: 365 Affirmations For Kids](#)

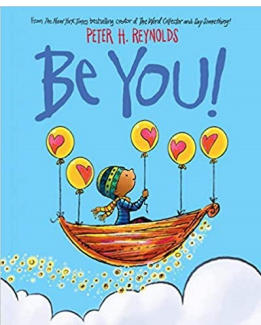
This book empowers your child by providing an affirmation for every single day of the year



E Qin

Qin, Leng. [I Am Small.](#)

A story about a little girl who always has been the smallest. She faces her own set of challenges but her loving parents and an unexpected visitor might change her perception for good.



E Reynolds

Reynolds, Peter H. [Be You!](#)

The reader is encouraged to "be your own work of art." To be patient, persistent, and true. Because there is one, and only one, YOU."



Compiled by Helena Ying
Children's Librarian

Hawai'i State Public Library System

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